

WELL ROUNDED SANDWICHES

Our Sandwiches and Wraps are made from a 1/4 pound of Boar's Head Deli Meats and Cheeses with your choice of toppings served on our own Fresh Bagels, Fresh Baked Rolls, Breads, wraps, or croissant (add \$1.89). Each Sandwich is wrapped for easy eating and served with a Pickle Spear and Potato Chips.

Included Toppings: Lettuce, Tomato, Onion, Spicy Mustard, Honey Mustard, Mayonnaise, and Russian Dressing

Maple Glazed Turkey Breast.....	\$10.99
Oven Roasted Turkey Breast.....	\$10.99
Chicken Cutlet (served hot).....	\$10.99
Roast Beef.....	\$11.99
Corned Beef.....	\$11.29
Pastrami.....	\$11.29
Ham (premium Boar's Head)	\$10.99
Genoa Salami.....	\$10.99
BLT.....	\$9.99
Chicken Salad (All White Meat).....	\$10.69
Tuna Salad.....	\$10.69
Egg Salad.....	\$9.99
1/2 Well Rounded Sandwich (on bread - no cutlet).....	\$7.49

Add Ons:	
Cheese (American, Swiss, Provolone, Cheddar or Pepper Jack)	\$1.49
Add Roasted Peppers.....	\$1.49
Add Bacon	\$1.89
Add Avocado	\$1.79

WELL ROUNDED COMBINATIONS

Each Sandwich is made from Boar's Head Deli Meats, Cheeses and Toppings, served on our own Fresh Bagels, Fresh Baked Rolls or Breads, and wrapped for easy eating. Served with a Pickle Spear and Potato Chips.

All American.....	\$14.99
A combined 6 ounces of Oven Roasted Turkey, Roast Beef, and Ham topped with American Cheese, Lettuce, Fresh Tomato and a dollop of Mayonnaise on your choice of Bagel, Bread or Roll.	
Tom Tom Club.....	\$12.99
Sliced Maple Glazed Turkey Breast topped with Bacon, Melted Swiss, Lettuce, Tomato, and Mayo on your choice of Bagel, Bread or Roll.	
Chicken Club.....	\$12.99
Breaded Chicken Breast & Crispy Bacon topped with Lettuce, Fresh Tomato and Mayonnaise on choice of Bagel, Bread or Roll.	
Reuben Rounder	\$12.99
Hot Deli Corned Beef or Pastrami topped with Sauerkraut, Melted Swiss, and Russian Dressing on your choice of Bagel, Bread or Roll.	
Let's Go Italy	\$12.99
Ham and Genoa Salami topped with Provolone Cheese and Roasted Peppers	

WRAP AROUNDS

Each wrap is made from the very best Boar's Head Meats, Cheeses and Toppings and is served with a Pickle and Potato Chips.

Mediterranean	\$10.99
Fresh Mozzarella, Roasted Peppers, Lettuce and Tomato drizzled with Balsamic Glaze On a Spinach Wrap.	
Buffalo Chicken	\$11.99
Sliced Breaded Chicken Breast drizzled with Buffalo Sauce, Lettuce and Tomato topped with Bleu Cheese Dressing inside a Classic Flour Wrap.	
Chicken Caesar.....	\$11.99
Grilled Chicken Breast and Crisp Romaine topped with Grated Parmesan and Caesar dressing inside a Classic Flour Wrap.	
Tuna	\$11.29
Tuna Salad with Lettuce and Tomato topped with American Cheese on a Whole Wheat Wrap.	
American Veggie.....	\$9.99
American Cheese, Lettuce, Tomato, Onion and Roasted Peppers, with vidalia Onion inside a Sundried Tomato Wrap.	

WELL ROUNDED SALADS

Salads are made fresh, and come with your choice of Dressing:
Balsamic Vinaigrette, Blue Cheese, Cesar, Honey Mustard, Italian, Ranch, Raspberry Vinaigrette

Classic Garden Salad	\$6.49
A blend of Mixed Field Greens and Romaine Lettuce with Tomato, Red Onion, Carrot, Croutons or Bageltons.	
<i>Add a scoop of chicken, tuna, or egg salad: \$3.19</i>	
Ceasar Salad	\$6.49
Romaine Lettuce topped with Parmesan Cheese, Croutons or Bageltons, and Caesar Dressing	
Grilled Chicken Caesar Salad.....	\$8.99
Romaine Lettuce topped with Grilled Chicken, Parmesan Cheese, Croutons or Bageltons, and Caesar Dressing.	
Cobb Salad.....	\$9.59
A blend of Mixed Field Greens, Romaine Lettuce, Tomatoes, Grilled Chicken, Bleu Cheese, Hard Boiled Egg, and Crumbled Bacon.	
Chef Salad.....	\$9.29
A blend of Mixed Field Greens and Romaine Lettuce, Tomatoes, Sliced Hard Boiled Egg, topped with Asiago Cheese, Ham and Oven Roasted Turkey.	
Chicken Mozzarella Salad.....	\$9.59
A garden salad topped with Fresh Mozzarella, roasted peppers, and grilled chicken	



SOUTH WINDSOR
19 JOHN FITCH BLVD.

860-291-8780

Monday - Saturday: 5:30 am - 3 pm
Sunday: 7am - 2 pm

VISIT OUR OTHER LOCATIONS:

MANCHESTER: 1540 Pleasant Valley Rd.
(860) 644-9025

VERNON: 243 Hartford Tpke.
(860) 870-1114

*EAST WINDSOR: 148 North Rd.
(860) 370-5108

**Located inside the Farmtown gas station with limited menu*

*TOLLAND: 206 Merrow Rd.
(860) 872-8936

**Located inside the Citgo gas station with limited menu*

Franchise Opportunities Available!



www.BETWEENROUNDSBAGELS.com

BREAKFAST WRAPS & SANDWICHES

(Served All Day)

Served on a bagel, roll, croissant (add \$1.89), or wrap (plain, wheat, spinach, or sundried tomato)

Egg and Cheese.....	\$6.29
Egg and Cheese with Bacon, Ham, Sausage, Chicken Sausage.....	\$7.49
Western.....	\$7.59

Egg with Ham, Peppers, Onions and American Cheese.

Mexican.....	\$7.59
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Egg topped with Salsa and Pepper Jack Cheese.

Jenkins.....	\$7.59
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Egg, portobellos, white onions, ham and Swiss cheese

Woodstock.....	\$7.59
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Egg, Portobellos, peppers, tomatoes, American cheese.

Lox and Cream Cheese Supreme.....	\$12.99
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Sliced Nova Lox and Cream Cheese topped with sliced onion and tomato.



BAKERY ITEMS & PASTRIES

	Bagels	Bagel Sticks	Roll
Each	\$1.99	\$1.49	\$1.89
1/2 Dozen	\$9.99	\$7.99	\$8.99
Dozen	\$15.99	\$11.49	\$12.49
*Premium Bagels	\$0.89 more		
w/ Plain CC	\$4.89	\$3.59	
w/ Flavored CC	\$5.29	\$3.79	
w/ Butter or Jelly	\$3.99	\$3.19	\$3.59
w/ PB or PB&J	\$5.29	\$3.89	

Muffins	\$3.99 each	(3) \$10.99	(6) \$19.99
Croissants (buttered).....	\$3.99		
Croissants (filled).....	\$4.19		
Danish, Turnovers, Cinnamon Buns.....	\$3.99		
Brownies.....	\$3.99		
Cookies (assorted).....	Prices Vary		
Breads (Rye, Honey Wheat).....	Prices Vary		

TAKE HOME BY THE POUND

Our Boar’s Head Deli Meats and Cheeses, Deli Salads and Sliced Nova Lox are available to take home.

Plain Cream Cheese (1/2 lb.).....	\$6.59
Flavored Cream Cheese (1/2 lb.)	\$6.99

Veggie, Scallion, Vanilla Raisin Walnut, Strawberry, and Featured Flavors

HOT DRINKS

	Small (12 oz)	Medium (16 oz)	Large (20 oz)
Coffee	\$2.99	\$3.29	\$3.59
Regular & Flavors			
Hot Chocolate	\$4.49	\$4.89	\$5.29
Rich chocolate milk steamed, frothed, and topped w/ whipped cream			
Chai Tea	\$4.49	\$4.89	\$5.29
A spicy tea blend with steamed milk			
Latte		\$5.29	\$5.79
Espresso, steamed milk with a thin layer of frothed milk			
Mochaccino		\$5.29	
Espresso, steamed milk, chocolate syrup, whipped cream			
Hot Tea	\$3.29	\$3.29	\$3.29
A variety of regular, decaf, and herbal teas available			
Joe To Go			\$25.99
Includes cups, creamers, sugars, and napkins for 12			

Add a flavor syrup (\$1.09) for a boost! Available in caramel, vanilla, hazelnut, peppermint, and pumpkin.

COLD DRINKS

	Medium (16 oz)	Large (24 oz)
Fountain Soda	\$3.19	\$3.69
Cold Brew Coffee	\$4.79	\$5.79
Iced Coffees	\$3.29	\$3.69
Fresh Brewed Iced Tea	\$3.29	\$3.69
Flavored Iced Tea	\$4.59	\$4.99
Iced Chai Tea	\$4.99	--
Iced Latte	\$5.29	\$5.79
Snapple (Assorted Flavors)	\$3.59 ea.	
Milk (Assorted Flavors)	\$2.89 ea.	
Bottled Water (16 oz)	\$1.99 ea.	
Tropicana Juices (Assorted Flavors)	\$3.89	

FROZEN TREATS, SMOOTHIES, & MORE

	(16 oz)
Frozen Cappuccino.....	\$6.79
Frozen Mochaccino.....	\$6.79
Frozen Vanilla Latte.....	\$6.79
Frozen Caramel Latte.....	\$6.79

Frozen Strawberry Smoothie	\$6.79
Frozen Peach Smoothie.....	\$6.79
Frozen Mango Smoothie.....	\$6.79

Fresh Fruit Cup.....	\$4.89
Yogurt Parfait.....	\$4.89

CATERING MENU

Breakfast Platter - An assortment of mini bagels, danish, and pastries complete with cream cheese and served on a platter.

Large (serves 14 - 16 people).....	\$78.99
Small (serves 8 - 10 people).....	\$55.99

Fresh Fruit Plater (serves 18 - 20 people).....	\$79.99
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An assortment of fresh seasonal fruits served on a platter.

Fresh Fruit Bowl (serves 8-10 people).....	\$59.99
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An assortment of fresh seasonal fruits cut & served in a bowl.

Sandwich Platter - Your choice of assorted sandwiches cut in half and served on a platter. Served with pickles and chips.

Large (serves 15 people).....	\$189.99
Small (serves 10 people).....	\$129.99

Tossed Salad Bowl (serves 8-10 people).....	\$42.99
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Cookie Platter - An assortment of premium cookies served on a platter.

Large (serves 15 people).....	\$52.99
Small (serves 10 people).....	\$39.99

Dessert Platter - An assortment of premium cookies and brownies served on a platter.

Large (serves 15 people).....	\$62.99
Small (serves 10 people).....	\$47.99

WELL ROUNDED SOUPS

Pick from one of our many seasonal soups of the day!

	Soup	Chowder
Cup (served with a bagel stick)	\$4.79	\$5.29
Bowl (served with a bagel stick)	\$5.79	\$6.29
Cup (served with a half sandwich*)	\$10.99	\$11.49

*Excludes cutlet



Prices Subject to change without notice. Updated 10/21/25